

# Be mindful!

You are in Aachen - Aachen is a safe place for refugees.

Nevertheless, be mindful: It may happen that not all persons intend it well with you.

Talk to the official staff (security service/employees of the city of Aachen) in case of conspicuous behavior at any time.

We will be happy to help you!

Be especially careful when:

- you are traveling alone,
- someone you do not know wants to take you with him or her,
- someone wants to isolate you and keep you from contacting others,
- a person does not want you to talk on the phone or inform someone.

Watch out for yourself and others.

Report if you notice suspicious behavior or feel that help is needed.

Telephone numbers for women and children:

Help hotline for violence against women: 08000 116 016

Sexual abuse help line: 0800 22 55 530

Help hotline for pregnant women in trouble: 0800 40 40 020